# "COMMUNIST COERCIVE METHODS FOR ELICITING INDIVIDUAL COMPLIANCE".\* The Biderman Report of 1956 and COVID-19

# Chart of Coercion

# COVID-19

#### Isolation

- Deprives individual of social support of his ability to resist
- · Makes individual dependent upon the captor
- · Individual develops an intense concern with self.

#### Monopolization of Perception

- Fixes all attention upon immediate predicament;
- Frustrates all actions not consistent with compliance
- Eliminates stimuli competing with those controlled by the captor

# Induced Debility and Exhaustion

- · Weakens mental and physical ability to resist
- People ...become worn out by tension and fear

#### Threats

- · Cultivates anxiety and despair
- Gives demands and consequences for non compliance

## Occasional Indulgences

- · Provides motivation for compliance
- · Hinders adjustment to deprivation.
- · Creates hope for change, reduces resistance
- This keeps people unsure of what is happening.

## Demonstrate Omnipotence

- · Demonstrates futility of resistance
- Shows who is in charge
- Provides positive motivation for compliance

## Degradation

- Makes resistance seem worse than compliance
- Creates feelings of helplessness.
- Creates fear of freedom, dependence upon captors

## Enforcing trivial demands

- Develops habit of compliance
- Demands made are illogical and contradictory
- Rules on compliance may change
- Reinforces who is in control

#### Isolation

- · Social distancing
- · Isolation from loved ones, massive job loss
- Solitary confinement semi-isolation
- Quarantines, containment camps

#### Monopolization of perception

- Restrict movement
- Create monotony, boredom
- · Prevent gathering, meetings, concerts, sports
- Dominate all media the 24/7, censor information

#### Induced debility

- Forced to stay at home, all media is negative
- not permitted to exercise or socialize

#### Threats and Intimidation

- · Threaten to close business, levy fines
- Predict extension of quarantine, force vaccines
- Create containment camps

## Occasional Indulgences

- · Allow reopening of some stores, services
- · Let restaurants open but only at a certain capacity
- Increase more people allowed to gather
- · Follow concessions with tougher rules

#### Demonstrate Ominpotence

- · Shut down entire economies across the world
- Create money out of nowhere, force dependency
- Develop total surveillance with nanochips and 5G

### Humiliation or Degradation techniques

- · Shame people who refuse masks, don't distance
- · Make people stand on circles and between lines
- · Make people stand outside and wait in queues
- Sanitation stations in every shop

## Enforcing trivial demands

- · Family members must stand apart
- · Masks in home and even when having sex
- · Random limits on people allowed to be together
- Senitizers to be used over and over in a day

www.beingfree.ca

The Chart of Coercion above is drawn from the <u>Biderman</u> Report on communist brainwashing techniques used by the Chinese and North Koreans on captured American servicemen to make them psychological as well as physical prisoners. Dr. Alfred D. <u>Biderman</u> M.A. and presented his Report at the New York Academy of Medicine Nov 13, 1956. Compare right column with your experience this year.

